



# 5 aday Nursery School Catering

## Healthy Food For Healthy Kids

Spring / Summer 2024  
www.5adaycatering.co.uk

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	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Bolognaise Pasta Bake served with Pitta Bread	Sausage, Beans & New Potatoes	Sweet & Sour Chicken served with Rice	Tomato & Basil Penne Pasta Bake served with Pitta Bread	Chicken Casserole served with New Potatoes
	(V) Quorn Mince Bolognaise Pasta Bake served with Pitta Bread	(V) Quorn Sausage, Beans & New Potatoes	(V) Quorn Sweet & Sour Chicken served with Rice		(V) Quorn Chicken Casserole served with New Potatoes
	(D) Fruit Yogurt	(D) Chocolate Flapjacks	(D) Fruit Yogurt	(D) Jam Sponge & Custard	(D) Fresh Fruit
Week 2	Sausage & Mix Bean Casserole served with New Potatoes	Chicken & Vegetables with Sweet Smoked Paprika served with Rice	Tomato & Herb Pork Casserole served with New Potatoes	Chilli – Con – Carni served with Rice	BBQ Pulled Pork Casserole served with New Potatoes
	(V) Quorn Sausage & Mix Bean Casserole served with New Potatoes	(V) Quorn Chicken & Vegetables with Sweet Paprika served with Rice	(V) Quorn Chicken & Herb Casserole served with New Potatoes	(V) Vegetarian Chilli – Con – Carni served with Rice	(V) BBQ Quorn Chicken Casserole served with New Potatoes
	(D) Swiss Roll & Custard	(D) Fruit Yogurt	(D) Lemon Flapjacks	(D) Fruit Yogurt	(D) Chocolate Drizzle Cake
Week 3	Tuna Pasta Bake served with Pitta Bread	Campfire Stew served with New Potatoes	Mild Chicken Curry served with Rice	Pork Goulash served with New Potatoes	Chicken Noodles in a Tomato Sauce served with Pitta Bread
	(V) Vegetable Pasta Bake served with Pitta Bread	(V) Quorn Campfire Stew served with New Potatoes	(V) Quorn Mild Chicken Curry served with Rice	(V) Quorn Chicken Goulash served with New Potatoes	(V) Quorn Chicken Noodles in a Tomato Sauce served with Pitta Bread
	(D) Fruit Yogurt	(D) Lemon Drizzle Cake	(D) Fruit Yogurt	(D) Sultana Cake & Custard	(D) Fruit Flapjacks