



## Activities at home for Hedgehogs & Lambs

Our topic for the month of May is: Our community and people who help us

### **The areas we will be covering are:**

- Role play - Police and fire station
- Talking about people who help us and their job roles e.g. the police, doctors, firefighters, nurses, dentists, postman etc...
- Talk about the local community - places to visit.
- How people who are special to us help us at home - mummy, daddy, siblings, grandparents.
- Visits from people who help us to talk about what they do.
- Festivals - Wesak 19th
- Hereford and Worcester Fire and Rescue Service fire safety activities.
- Role play activities dressing up in different costumes - within our community.
- Imagining what we might be when we grow up.
- Share ideas what we could do at home to help eg. washing up, unpacking shopping, helping with brothers and sisters.
- Learning how computers can help us by giving us information and E safety 'The Adventures of Smartie the Penguin'.
- Stranger danger activities.
- Visits from the elderly residents from The Meadows.

### **Books, rhymes and songs:**

- Fact and fiction books about different job roles.
- Fireman Sam, Postman Pat, Bob the Builder books and songs.
- Miss Polly had a dolly (song).
- I'm a police officer; I'm a fire fighter; I'm a helpful doctor (songs).
- Wheels on the bus (song).
- The Jolly Postman stories.
- CD stories - A Farmers Life For Me; Dump Truck Disco; Amazing Machines; Journey Home From Grandpa's; We All Go Travelling By; My Friend Robot;
- 5 Little monkeys jumping on the bed - song.

### **Ideas how to explore this topic at home or when you are out and about:**

- Read stories and sing rhymes/songs about people who help us.
- Point out /introduce different people in the community who help us.
- Visit post office, doctors, dentist, optician etc....
- Learn how to use a zebra crossing/traffic lights when out and about.
- Draw/paint pictures of people who help us and bring into show and tell.
- Help out at home eg. washing up, unpacking shopping, helping with brothers and sisters.
- Talk about and explain what mummy/daddy do at work. Share with friends at circle time.
- Discuss stranger danger (Little Red Riding Hood story sack available to borrow from office).
- Find information from computers about the weather, maps etc.. to bring in and share.
- Enjoy walks around your community - share what you have seen/been to.