



Activities at home for Hedgehogs and Lambs

Our topic for the month of February is: Cooking and baking - using tools and tasting new foods

The areas we will be covering are:

- Role play: Home Farm's cake shop
- Cooking and baking a variety of foods.
- Using scissors and other creative tools.
- Safety - understanding how to and why we need to be careful when using tools.
- Messy play and playdough - using tools to mix and make shapes.
- Developing fine motor skills - using tweezers, emptying and filling, pouring between containers (story sack in office to borrow).
- Using cooking tools.
- Tasting different foods for snack.
- Using our senses to taste, touch and smell new foods.
- Practice pencil grip and use mark making tools.
- Using tools and imagination in the construction zone.
- Weighing and measuring ingredients. Using mathematical language - heavy/light.
- Circle time - Importance of cleaning teeth properly and share experiences of visits to the dentist.

Books, rhymes and songs:

- The Gingerbread Man (first favourite story available to borrow from office).
- Goldilocks and the 3 Bears (story sack available to borrow from office).
- The Little Red Hen (story sack available to borrow from office).
- Pat a Cake (rhyme)
- 5 currant buns rhyme (story sack available to borrow from office).
- The Very Hungry Caterpillar (story sack available to borrow from office).
- The Prince's Breakfast (story cd)
- Hansel and Gretel (story)

Ideas how to explore this topic at home or when you are out and about:

- Cooking and baking at home.
- Watching people cook at home and on television.
- Looking at recipe books.
- Using one handed tools - painting with a paint brush, digging, mark making, cooking.
- Exploring technology as a tool - play with cameras, using remote controls, ipads, phones.
- Planting bulbs in the garden and in pots.
- Make new combinations of messy play and use spoons, whisks and spatulas to mix it up - noodles and glitter, jelly and rice, baked beans and shredded paper. Take photos to share with friends at show and tell.
- Borrow the 'scissor bag' and 'fine motor skills' activity bag from the office.
- Encourage the children to use their senses when trying new foods.
- Encourage the children to clean their teeth properly and share experiences of visits to the dentist with their friends (story sack available to borrow from office).